

December 2016

HILLSBORO SCHOOL DISTRICT #3

BREAKFAST

We have the right to substitute items without notice.

Breakfast - \$1.50, Reduced \$.30

Lunch - \$2.65, Reduced \$.40

This menu may contain peanuts or nut products



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.

Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Monday

This institution is an equal opportunity provider



Tuesday

Wednesday



Thursday

Friday

Choice of Cereal
Breakfast Bagel
Fruit/Fruit Juice
Milk

5

Choice of Cereal
Cinnamon Rolls
Fruit/Fruit Juice
Milk

6

Choice of Cereal
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

7

Choice of Cereal
French Toast Sticks w/Syrup
Fruit/Fruit Juice
Milk

1

Choice of Cereal
Breakfast Bar
Fruit/Fruit Juice
Milk

2

Choice of Cereal
Cinnamon Tastries
Fruit/Fruit Juice
Milk

12

Choice of Cereal
Breakfast Pizza
Fruit/Fruit Juice
Milk

13

Choice of Cereal
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

14

Choice of Cereal
Cinnamon Glazed Toast
Fruit/Fruit Juice
Milk

8

Breakfast Buffet
Manager's Choice
Fruit/Fruit Juice
Milk

9

Choice of Cereal
Mel-o-Cream Doughnuts
Fruit/Fruit Juice
Milk

15

Choice of Cereal
Sausage Biscuit w/Cheese
Fruit/Fruit Juice
Milk

16

Choice of Cereal
Waffles w/Syrup
Fruit/Fruit Juice
Milk

19

Choice of Cereal
Mini Sausage Bites
Fruit/Fruit Juice
Milk

20

Choice of Cereal
Poptarts
Fruit/Fruit Juice
Milk

21

Not in Attendance
Due to
Christmas Break

22

Not in Attendance
Due to
Christmas Break

23

Not in Attendance
Due to
Christmas Break

26

Not in Attendance
Due to
Christmas Break

27

Not in Attendance
Due to
Christmas Break

28

Not in Attendance
Due to
Christmas Break

29

Not in Attendance
Due to
Christmas Break

30