## March 2017

## Hillsboro School District #3

## BREAKFAST

We have the right to substitute items without notice. Breakfast - \$1.50, Reduced \$.30 Lunch - \$2.65, Reduced \$.40 *This menu may contain peanuts or nut products* 



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**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

	Monday	Tuesday	Wednesday	Thursday	Friday
	This institution is an equal opportunity provider		Choice of Cereal Biscuit & Sausage Gravy Fruit/Fruit Juice Milk	Choice of Cereal Cinnamon Rolls Fruit/Fruit Juice Milk	Breakfast Buffet 3 Managers Choice Fruit/Fruit Juice Milk
E	Choice of Cereal 6	Choice of Cereal 7	Choice of Cereal 8	Choice of Cereal 9	Choice of Cereal 10
	Cheese Omelet	Breakfast Pizza	Biscuit & Sausage Gravy	Scrambled Eggs n' Ham	French Toast
	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice
	Milk	Milk	Milk	Milk	Milk
	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal 16	Breakfast Buffet 17
	Mel-o-Cream Doughnuts	Sausage Biscuit w/ Cheese	Biscuit & Sausage Gravy	Cinnamon Rolls	Manager's Choice
	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice
	Milk	Milk	Milk	Milk	Milk
	Choice of Cereal 20	Choice of Cereal 21	Choice of Cereal	Choice of Cereal 23	Choice of Cereal 24
	Funnel Cake	Breakfast Pizza	Biscuit & Sausage Gravy	Mini Sausage Bites	Poptarts
	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice
	Milk	Milk	Milk	Milk	Milk
	Choice of Cereal 27	Choice of Cereal 28	Choice of Cereal 29	Choice of Cereal 30	Choice of Cereal 31
	French Toast	Sausage w/Egg Breakfast Bar	Biscuit & Sausage Gravy	Waffles	Sausage Biscuit W/Cheese
	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice	Fruit/Fruit Juice
	Milk	Milk	Milk	Milk	Milk